

# Christ the King School Spring Fling 5k

## Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1257	Nold, Elliott	17:33.81		Runner		5:39/M	10.6mph	1	25	1257

# Christ the King School Spring Fling 5k

## Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	92	Zeltwanger, Ashley	25:16.28		Runner		8:08/M	7.4mph	11	30	

# Christ the King School Spring Fling 5k

## Male 0 - 12

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	85	Roeder, Ben	26:18.06		Runner		8:28/M	7.1mph	14	9	
2.	86	Pavlik, Jase	26:44.98		Runner		8:36/M	7.0mph	17	10	
3.	97	Stegman, Liam	27:10.89		Runner		8:45/M	6.9mph	18	9	

# Christ the King School Spring Fling 5k

## Female 0 - 12

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	91	Reid, Bella	27:58.85		Runner		9:00/M	6.7mph	19	10	
2.	1268	Adams, Delandy	34:33.82		Runner		11:07/ M	5.4mph	27	9	1236
3.	96	Allphin, Nora	34:34.02		Runner		11:08/ M	5.4mph	28	10	

# Christ the King School Spring Fling 5k

## Male 13 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1235	Adams, Dawson	17:40.48		Runner		5:41/M	10.6mph	2	14	1235
2.	103	Mattivi, Matthew	18:33.46		Runner		5:58/M	10.0mph	3	17	
3.	90	Morgan, Koby	20:44.32		Runner		6:40/M	9.0mph	5	15	
4.	104	Moore, Stephen	22:38.41		Runner		7:17/M	8.2mph	7	14	
5.	100	Quaney, Nicholas	26:28.54		Runner		8:31/M	7.0mph	16	14	

# Christ the King School Spring Fling 5k

## Male 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1256	Nold, Bryant	28:10.96		Runner		9:04/M	6.6mph	20	27	1256

# Christ the King School Spring Fling 5k

## Female 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1255	Nold, Lucrecia	29:10.20		Runner		9:23/M	6.4mph	21	29	1255
2.	1253	Latendresse, Jana	29:10.31		Runner		9:23/M	6.4mph	22	27	1253

# Christ the King School Spring Fling 5k

## Female 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1240	Caudle, Paige	33:50.24		Runner		10:53/ M	5.5mph	26	34	1240
2.	1237	Becker, Amy	35:22.63		Runner		11:23/ M	5.3mph	29	33	1237
3.	1262	Reynolds, Brooke	35:23.64		Runner		11:23/ M	5.3mph	30	33	1262



# Christ the King School Spring Fling 5k

## Male 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1248	Figuerres, Ben	24:53.26		Runner		8:01/M	7.5mph	10	36	1248

# Christ the King School Spring Fling 5k

## Female 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	89	Morgan, Tricia	25:38.21		Runner		8:15/M	7.3mph	12	38	
2.	101	Glotsbach, Valerie	26:25.57		Runner		8:30/M	7.1mph	15	37	
3.	1241	Cox, Lyndi	29:25.25		Runner		9:28/M	6.3mph	23	36	1241
4.	1246	Dillon, Miranda	29:44.27		Runner		9:34/M	6.3mph	24	35	1246
5.	87	Mueting, Liz	35:24.84		Runner		11:24/ M	5.3mph	31	35	

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## Male 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1250	George, Jovy	20:48.26		Runner		6:42/M	9.0mph	6	40	1250
2.	1258	Poole, Brad	23:01.72		Runner		7:24/M	8.1mph	8	42	1258

# Christ the King School Spring Fling 5k

## Female 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	98	Stegman, Bridjet	35:59.81		Runner		11:35/ M	5.2mph	32	42	

# Christ the King School Spring Fling 5k

## Female 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	88	Deltaven, Sandra	50:18.97		Runner		16:11/ M	3.7mph	33	46	

# Christ the King School Spring Fling 5k

## Male 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	102	Mattivi, Tony	24:24.28		Runner		7:51/M	7.6mph	9	52	
2.	99	Adame, Tony	31:31.08		Runner		10:09/ M	5.9mph	25	50	

# Christ the King School Spring Fling 5k

## Male 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1252	Johnson, Kirk	20:02.51		Runner		6:27/M	9.3mph	4	59	1252

# Christ the King School Spring Fling 5k

## Male 65 & Above

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	1245	Cronin, Joe	25:57.71		Runner		8:21/M	7.2mph	13	70	1245